

## INTERESTED IN WAYS TO IMPROVE MUSCLE AND KNEE JOINT FUNCTION?

***OUR STUDY COULD HELP FIND SOLUTIONS TO IMPROVE MUSCLE AND JOINT FUNCTION WITH ARTHRITIS***

**If you:**

- ARE BETWEEN 50 AND 65 YEARS OLD
- HAVE NOTICED INCREASING MUSCLE AND JOINT DISCOMFORT
- HAVE MILD or MODERATE OSTEOARTHRITIS IN YOUR KNEES
- FEEL LIKE YOU'VE LOST STRENGTH IN YOUR LEG MUSCLES

Please get in touch with us to get more information about this study.

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