



# Pet Associated Workout Study (PAWS)



**PAWS is a research study evaluating whether a veterinarian-prescribed walking plan for dogs can improve the health of both dogs and their owners.**

## We are looking for dogs and owners who:

- Are able to walk for 30 minutes at a time but are currently walking less than 30 minutes per day.
- Are willing to commit to 8 weeks of participation in a walking program.
- Are able to visit the CSU Veterinary Teaching Hospital for 3 study appointments.
- Dogs who are healthy and leash-trained to participate

## Participation Benefits:

- FREE radiographs if suspected osteoarthritis to confirm or rule out
- FREE Bloodwork for your dog and yourself (voluntary)
- 5 x \$100 vouchers towards treatment at the VTH and a chance to win activity collars and other great prizes
- All costs related to the study will be fully covered

colorado school of  
**public health**

UNIVERSITY OF COLORADO  
COLORADO STATE UNIVERSITY  
UNIVERSITY OF NORTHERN COLORADO



**For more information or to be a part of this research project:**

Please complete the short PAWS-enrollement survey accessible via  
**[www.CSUpaws.com](http://www.CSUpaws.com)** or email us at **[info@dogjoints.com](mailto:info@dogjoints.com)**



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